

Summer Break 2019

Outdoor Educator & Environmental Sustainability Backpacking & Rock Climbing

*Register 6 months in advance and get 10% off tuition

Eligible for up to 6 college credit hours

- 3 credit hours – Wilderness First Responder (WFR) certification
- 1 credit hour – Leave No Trace (LNT) trainer certification
- 2 credit hours – Environmental Sustainability or Outdoor Leadership

NORTH CAROLINA 25-DAY

TUITION: \$5,500

HIGHLIGHTS:

- ▶ Wilderness First Responder (WFR) certification
- ▶ Leave No Trace training
- ▶ Earn up to 6 credits traveling the backcountry
- ▶ Training in NCOAE's core curriculum

WHY TAKE THIS COURSE?

- ▶ To further your knowledge and development as an outdoor educator.
- ▶ Learn local and global issues in environmental sustainability.
- ▶ Acquire the skills needed to study and learn in pristine destinations in the great outdoors instead inside a classroom.

WHERE YOU'LL BE:

- ▶ North Carolina beaches
- ▶ Pisgah National Forest
- ▶ Linville Gorge Wilderness
- ▶ Black Balsam Knob
- ▶ Shinning Rock Wilderness



The National Center for
**OUTDOOR &
ADVENTURE
EDUCATION**

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For complete itinerary details, see reverse side ▶

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SUMMER BREAK 2019 — BACKPACKING & ROCK CLIMBING

ITINERARY (Subject to change)

- ▶ **Days 1–5: Orientation and Wilderness First Responder training.** The first 5 days of your training are spent at The National Center for Outdoor & Adventure Education (NCOAE) in Wilmington, North Carolina where you will complete the Wilderness First Responder training portion of your course.
- ▶ **Days 6–7: Menu planning, food shop, gear and food pack out.** Days six and seven will be the time to complete all final logistics for your trip to the backcountry including menu planning, shopping for food, completing gear and food pack out, and begin to travel to the next course site.
- ▶ **Days 8–11: On the trail.** Here's where we start to put the learning from the previous week to good use. Our next seven days will be spent in the Linville Gorge — The Grand Canyon of North Carolina, as it's known, and one of only two wilderness gorges in the Southern U.S. — where we'll practice the principles of Leave No Trace, map and compass navigation, plant and animal identification, and cooking and eating wonderful food we prepare ourselves. On Day 9, we'll summit Black Balsam Knob, a 6,240-foot peak in the Pisgah National Forest. Once on top, you'll help the group determine how long we can stay based on weather conditions.
- ▶ **Days 12–14: Solo experience.** Outdoor education instructor training would be incomplete without a solo experience. That's why yours is an absolute must. During your solo, you'll have time to reflect on your training, complete required assignments, and enjoy the solitude only found in wilderness. At NCOAE, your solo experience is a right of passage that sets you up for a successful second half of your 31 days of outdoor educator training.
- ▶ **Days 15–19: Rock climbing and Leave No Trace training.** Days 15-19 of your training will cover topics including Leave No Trace (LNT) Outdoor Ethics and an introduction to rock climbing (to include equipment orientations, knots, belay systems and more). During this time you will continue to master basic camp craft skills and the NCOAE curriculum.
- ▶ **Days 20–21: Flex days and re-supply.**
- ▶ **Days 22–23: Back on the trail, wrapping up field portfolios, presentations, and NCOAE Curriculum.** While we're still in the Linville Gorge within the Pisgah National Forest, we'll continue to test our skills in backpacking and climbing, while at the same time kick our training and mastery of the NCOAE curriculum into high gear. It's during these days that you'll really be able to hone your outdoor skills and newfound teaching style. Here, we'll experience views and vistas that will take your breath away, as well as show your classmates and instructors that you've mastered the NCOAE curriculum.
- ▶ **Day 24: Debrief and gear shake-out.**
- ▶ **Day 25: Closing Circle and departures.**

More courses offered. Please visit NCOAE.org for complete details.