



PACIFIC NORTHWEST 32-DAY

HIGHLIGHTS:

- ▶ Wilderness First Responder (WFR) certification
- ▶ Leave No Trace (LNT) trainer certification
- ▶ Technical and human relations skills acquisition
- ▶ NCOAE Curriculum for outdoor educators, teachers, and trip leaders
- ▶ Backpacking, paddling, climbing, surfing

WHY TAKE THIS COURSE?

- ▶ Advance your knowledge of outdoor education curriculum
- ▶ Discover which areas of outdoor and wilderness education are best suited to your strengths
- ▶ Acquire career skills that will allow you to teach and travel in pristine destinations around the country — and around the world!

WHERE YOU'LL BE:

- ▶ Mountains and rivers near Bend, OR
- ▶ Klamath National Forest, OR
- ▶ Marble Mountain Wilderness, OR
- ▶ Klamath River, OR & CA
- ▶ Pacific Ocean, Shelter Cove, CA



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For complete itinerary details, see reverse side ▶

OUTDOOR EDUCATOR — PACIFIC NORTHWEST

ITINERARY (Subject to change)

- **Days 1 – 5: Orientation, expedition planning, camp craft, NCOAE’s intensive curriculum for outdoor educators, teachers, and trip leaders, as well as Leave No Trace (LNT) trainer certification.**

Your training gets underway when we meet in Redmond, Oregon. We will travel as a group to our climbing camp or river camp near Bend, Oregon, where you will officially meet your fellow students and prepare to become a successful backcountry leader. Some of the topics covered in these first few days will include menu planning, gear selection, trip planning, and ‘pack out’ for group expeditions in remote wilderness areas.

You will join in, and learn to facilitate, activities designed to introduce trip participants to each other and to the basic skills needed to thrive in wild places. We will also use these days to introduce you to the NCOAE Core Curriculum, taking you on a journey through our ‘First 48’ and our ‘Ed Groups’ — the most important technical and human relations skills you will need to successfully navigate leading your own outdoor education-focused group experiences in the wilderness. You will learn site selection, risk management concerns, shelters, backcountry kitchens and cooking, LNT wilderness ethics, and introductions to rock climbing or paddling.

- **Days 6 – 11: On the trail.** Here’s where you begin to put the training from the previous days to good use. These six (6) days will be spent in the Klamath National Forest and Marble Mountain Wilderness — where we’ll practice the principles of LNT, map and compass navigation, plant and animal identification, and cooking and eating wonderful food we prepare ourselves. Weather permitting, we’ll attempt to summit a major mountain peak on day 8 or 9. You will help the group determine how long to stay on the mountain and what your activities will be — based on your decisions.
- **Days 12 – 13: Solo experience.** Any outdoor educator training would be incomplete without a solo experience to allow time for processing — so your solo experience is an absolute must. During your solo, you’ll have time to reflect on your training, complete

required assignments, and enjoy a solitude only found in wilderness. An NCOAE solo experience is a rite of passage that will set you up for success in the second half of your 32-day outdoor educator training — and beyond.

- **Days 14 – 22: Wilderness First Responder (WFR) training.** Outdoor educators leading groups in the backcountry must be qualified to do so. You will learn the skills and understand how to perform medical treatment competently for traumatic, environmental, and medical issues that may arise in the wilderness. The WFR credential is becoming the minimum industry standard to work in outdoor education as an instructor or trip leader, so we will spend much time getting you ready to pass your exam and earn your certification. You will spend nine days learning about wilderness medicine and training and completing your WFR certification exam, and you will continue to practice those skills for the remainder of the trip.
- **Days 23 – 27: Travel to Klamath River, learn about river dynamics and swift water rescue, raft or kayak the Klamath to the Pacific Ocean.** Once on the river you’ll continue to test your newfound skills and kick your training into high gear moving you closer toward mastery. It’s during these days that you’ll really be able to hone your outdoor skills and develop your newfound teaching style.
- **Days 28 – 31: Beach camping and surfing.** Once we reach the Pacific Ocean, the swell pattern will determine our exact location on the coastline for the next four (4) days of your training. After you set up camp, you will learn the basics of surfing and have the chance to put all of your training together — teaching and surfing on days that end with unmatched Pacific sunsets.
- **Day 32: De-issue and gear cleanup, Closing Circle and depart.** After a hearty breakfast, we’ll check our gear in and debrief our training. Before sending you on your way we will come together and share a one-of-a-kind closing circle — a fitting transition to begin your journey as an outdoor educator.

More courses offered. Please visit [NCOAE.org](https://www.ncoae.org) for complete details.