



Advanced Outdoor Educator Fall Semester

NORTH CAROLINA 84-DAY

HIGHLIGHTS:

- ▶ EMT-B certification training with WFR upgrade to W-EMT-B
- ▶ Technical and human relations skills acquisition
- ▶ Learn to teach multiple outdoor adventure sport disciplines
- ▶ NCOAE Curriculum for outdoor educators, teachers & trip leaders

WHY TAKE THIS TRAINING?

- ▶ WFR, LNT, and Swiftwater Rescue certifications
- ▶ AMGA Single Pitch Instructor certification training
- ▶ ACA Kayak Instructor certification

WHERE YOU'LL BE:

- ▶ North Carolina beaches
- ▶ Pisgah National Forest
- ▶ Linville Gorge Wilderness
- ▶ Black Balsam Knob
- ▶ Shining Rock Wilderness



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For complete itinerary details, see reverse side ▶

84-DAY ADVANCED OUTDOOR EDUCATOR — FALL SEMESTER ITINERARY — NORTH CAROLINA (Itinerary subject to change)

- ▶ **Days 1–5: Introductions, orientation and packing** — The first two days of your semester are spent at The National Center for Outdoor & Adventure Education (NCOAE) campus in Wilmington, North Carolina. There, you'll meet your fellow students, learn about menu planning, backcountry cooking, 'packing out' for group and expedition travel in wilderness, and begin putting your knowledge into action.
- ▶ **Days 6–11: On the river, introduction to the NCOAE Core Curriculum, and Leave No Trace (LNT) wilderness ethics** — Five days paddling down the French Broad River will provide the perfect atmosphere for teaching Expeditionary Mentality, LNT, as well as the responsibilities and expectations of this semester-long training. We will introduce you to the NCOAE Core Curriculum, teach you to become a risk manager, and — since we'll be paddling — learn paddling technique, water safety, "reading the river," and managing water rescues.
- ▶ **Days 12–17: Map, compass, and GPS navigation, single pitch rock climbing, and NCOAE curriculum** — We will resupply our food and transition to climbing gear before traveling to the Pisgah National Forest. There, we'll spend three days at Stone Depot and Lower West Rights for an introduction to single pitch rock climbing and technical site management. Then we will learn to read and follow our route on the topo map for the next 11 days on the trail. You will begin incorporating the NCOAE core curriculum lessons and LNT into everything you do — teaching, learning, and modeling positive, professional Instructor traits.
- ▶ **Day 18–22: Backpacking and LNT training** — We continue our semester-long journey by making our way to Butter Gap, and from there we'll backpack 27 miles to the Shining Rock Wilderness. Along the way, we will begin mastering basic campcraft skills, safety, and risk management.
- ▶ **Days 23–25: Solo experience** — At NCOAE, solo is a rite of passage that will set you up for success. That's why yours is an absolute must. During solo, you will have time to reflect on your training, complete required assignments, and enjoy a depth of solitude only found in wilderness. Embracing this time will allow you to facilitate meaningful solo experiences for your future students.
- ▶ **Days 26–27: Layover and travel.**
- ▶ **Days 28–53: 'Intensive' EMT-Basic Training + Wilderness Upgrade for EMT's** — You will spend the next 24 days at NCOAE headquarters in Wilmington participating in training that results in you becoming a nationally registered Emergency Medical Technician. This section of your training will give you the skills required to work in the field of urban emergency medicine. And with the wilderness upgrade (WFR) for EMTs, you'll become a W-EMT-B, extending your knowledge and skills related to risk management and remote wilderness medical care.
- ▶ **Days 54–56: Resupply, plan, and pack.**
- ▶ **Days 57–63: Rock climbing, American Mountain Guide Association (AMGA) Single Pitch Instruction (SPI) training** — One of the prerequisites for this semester-long course is previous climbing experience. That's because the AMGA training that occurs during these five days is not meant for novices. This AMGA approved SPI training will teach you to proficiently facilitate and instruct the sport of rock climbing in a single pitch setting.
- ▶ **Days 64–69: On the trail, outdoor skills and teaching styles development** — We have traveled through and lived in a variety of backcountry settings by day 64, and you have begun to exert your voice and teaching style. On this six-day leg of your journey to becoming a professional outdoor educator, you will continue on your path of refining and mastering technical outdoor skills, human relations skills, and teaching skills.
- ▶ **Day 70: Resupply and travel.**
- ▶ **Days 71–75: On the river; ACA Swiftwater Rescue training and certification** — Advanced outdoor educators will master many skills, including paddling and boat safety. These skills are necessary for anyone working full-time as an outdoor educator, especially if you plan to work on the water. Here, you will learn the skills required by the ACA to be certified in Swiftwater Rescue.
- ▶ **Day 76: Resupply and travel day.**
- ▶ **Days 77–82: ACA kayak training and certification, sea kayaking, surfing, stand up paddle boarding** — The swell pattern will determine the exact location on the North Carolina coastline for this section of the training. Once we settle in, we'll spend our days surfing, followed by ACA Level 2 Kayak Instructor training.
- ▶ **Days 82–84: Island Surfing, closing, and graduation** — The last three days of this unique semester-long training will take us to Masonboro Island — a barrier island accessible only by boat. There, we'll celebrate our individual and group accomplishments, prepare for our final closing circle, and hold a one of a kind graduation celebration.

More trainings offered. Please visit NCOAE.org for complete details.