



 Spring Semester

# PACIFIC NORTHWEST 84-DAY

## HIGHLIGHTS:

- ▶ WFR, LNT, and Swiftwater Rescue certifications
- ▶ Single Pitch Instructor certification exam training
- ▶ Technical and human relations skills acquisition
- ▶ NCOAE Curriculum for outdoor educators, teachers and trip leaders

## WHY TAKE THIS COURSE?

- ▶ Train in multiple outdoor educator discipline
- ▶ Graduate this course with multiple certifications
- ▶ Acquire career skills and credentials that will allow you to teach and travel around the country – and around the world!

## WHERE YOU'LL BE:

- ▶ Mountains and rivers near Bend, Oregon
- ▶ Klamath National Forest, Oregon
- ▶ Marble Mountain Wilderness, Oregon
- ▶ Klamath River, Oregon & California
- ▶ Pacific Ocean, Shelter Cove, California



The National Center for  
**OUTDOOR &  
ADVENTURE  
EDUCATION**

9809 River Road  
Wilmington, NC 28412 USA

Phone: (910) 399-8990

Fax: (888) 399-5957

Email: [info@NCOAE.org](mailto:info@NCOAE.org)

Web: [www.NCOAE.org](http://www.NCOAE.org)

[www.Facebook.com/NCOAE](https://www.facebook.com/NCOAE)

*For complete itinerary details, see reverse side ▶*

# SPRING SEMESTER — PACIFIC NORTHWEST ITINERARY *(Subject to change)*

- ▶ **Days 1-5: Introductions, orientation, and expedition packing.** The first few days of your 84-day advanced outdoor educator training will take place near Bend, Ore., where you'll meet your fellow students, learn about menu planning and practice 'packing out' for group wilderness expeditions. You will join in and learn to facilitate activities designed to introduce trip participants to each other and to the basic skills needed to thrive in wild places. We will also use these days to introduce you to the NCOAE Curriculum, 'the First 48' and our 'Ed Groups' — the most important technical and human relations skills you need to successfully lead outdoor education wilderness expeditions.
- ▶ **Days 6-18: Paddling and backpacking along the Grand Ronde, NCOAE Curriculum, and Leave No Trace (LNT).** You'll spend the next 11 days paddling down the Grand Ronde River, providing the perfect atmosphere for more in-depth study and practice of paddling techniques, water safety, river reading and managing water rescues. During your voyage, you and your fellow students will plan and facilitate overnight backpacking trips. You will also have opportunities to study and practice teaching the NCOAE Curriculum, learn about risk management techniques and hone up on Leave No Trace.
- ▶ **Days 19-20: Base camping, resupply and gear de-issue.** Learn the logistical end of resupplying an expedition during transition days. These layover days provide you an opportunity to "recharge and relax" after your first two weeks of training.
- ▶ **Days 21-29: Intro to rock climbing and American Mountain Guide Association (AMGA) Single Pitch Instructor (SPI) training.** This section will begin in central Oregon's high desert country. You will spend a few days engaged in an in-depth AMGA SPI workshop, preparing you to pass your AMGA exam. We'll also take this time to continue our intensive discussion and exploration of wilderness risk management – learning what to consider and which risks are worth taking.
- ▶ **Days 30-32: Solo experience.** Outdoor education instructor training would be incomplete without a solo experience. That's why yours is an absolute must. During your three-day/two-night solo, you'll have time to reflect on your training, complete required assignments and enjoy the solitude only found in wilderness. At NCOAE, your solo experience is a rite of passage that sets you up for success as an outdoor educator.
- ▶ **Days 33-34: Resupply, gear de-issue, base camping, packing, preparation, travel day.** As with your previous resupply, this resupply provides a layover to "recharge and relax" after planning and packing.
- ▶ **Days 35-43: Wilderness First Responder (WFR) certification.** You will spend the next nine days participating in training that results in you becoming a nationally certified Wilderness First Responder. This section of the your training will give you the medical assessment and treatment skills required to work in backcountry, and will place you ahead of other job applicants when it comes to full-time employment as a wilderness educator, trip leader or outdoor educator.
- ▶ **Days 44-46: Resupply, planning and packing.** This resupply will include climbing expedition planning, packing and preparation, as well as another "recharge and relax" opportunity. Here, you will have the opportunity to be in charge of resupplying the next 20 days of your expedition.
- ▶ **Days 53-62: Rock Climbing, AMGA Single Pitch Instruction training.** One of the prerequisites for this semester-long training is previous climbing experience. That's because the AMGA training that occurred earlier in this 84-day training and again here is not meant for novices. Your AMGA-approved single pitch instructor training teaches climbing instructors to proficiently facilitate and instruct the sport of rock climbing in a single pitch setting. Combined with the training you received during days 15-22, you'll be more than ready to take your exam.
- ▶ **Days 53-62: Rock Climbing, AMGA Single Pitch Instruction training.** One of the prerequisites for this semester-long training is previous climbing experience. That's because the AMGA training that occurred earlier in this training and again here is not meant for novices. Your AMGA-approved Single Pitch Instructor training teaches climbing instructors to proficiently facilitate and instruct the sport of rock climbing in a single pitch setting. Combined with the training you received during days 27-35, you'll be more than ready to take your exam.
- ▶ **Days 63-64: Gear de-issue, resupply, packing, preparation.**
- ▶ **Day 65: Travel day.**
- ▶ **Days 66-71: Swiftwater Rescue training and certification.** Advanced outdoor educators have mastered many skills, including paddling and swiftwater rescue — skills that are required for anyone working full-time as an outdoor educator, especially if you plan to work near or on the water. Here, while traveling the Klamath River from Happy Camp, Calif., you will learn the skills required to be certified in Swiftwater Rescue.
- ▶ **Days 72-74: Gear de-issue, ocean expeditions planning, resupply, preparation and packing.**
- ▶ **Days 75-76: Travel days and set up camp at Lost Coast, Calif.**
- ▶ **Days 77-82: Surfing, stand-up paddle boarding.** The 'swell' pattern will determine the exact location along Lost Coast for this section of your training. Once we settle in, we will teach you the basics of surfing and paddle boarding, as well as the basics of teaching these skills to others. After that you will spend a few more days practicing your board skills on the waves.
- ▶ **Days 83-84: Gear de-issue, closing circle and graduation.** The last two days of this unique, semester-long training will be among the highlights of your NCOAE experience. We will celebrate our individual and group accomplishments, prepare for our final closing circle and hold a one-of-a-kind graduation celebration.

**More courses offered. Please visit [NCOAE.org](http://NCOAE.org) for complete details.**