

WELCOME TO NCOAE! Hybrid 'Intensive' EMT Course (EMT-B) Travel Considerations

The information below will help you organize your travel arrangements to and from your course. Begin your preparations as soon as possible as it can take weeks or even months to obtain your required documents, vaccinations and vaccination records, background check, and to secure your travel arrangements.

LOGISTICAL INFORMATION:

NCOAE is located at 9809 River Road, Wilmington, NC, 28412. Students often attend our courses from all over the USA and internationally, and frequently arrive without a personal vehicle. Our campus is in close proximity to almost anything you may need. It's easy to walk, or share a ride and expenses with other classmates to grocery stores, clinical sites, and the beaches or rivers; all of which are within easy access of our campus in Wilmington, NC

ARRIVAL: If staying on campus, you should plan to arrive in on NCOAE's campus the day before the course to checkin and allow enough time to get settled in and well rested when you begin class. If you're not staying on-site, plan to arrive on campus the morning of your course. Check your registration email for specific arrival & departure times for your course.

IF Driving: Our address is **9809 River Road, Wilmington, NC 28412**. Our driveway is immediately next door to the fire station at the base of Snow's Cut Bridge. As you enter our property, the main classroom building is on your left. There are four parking areas that wrap around that building.

IF Flying: Fly into the Wilmington International Airport (ILM), the day before your course. You can view the maps of ILM at: <u>https://flyilm.com/</u> Uber & Lyft are available for transportation or NCOAE's campus, as well as several local taxi services.

What to do: When you arrive for check-in, come inside the main building, known as the Brook (it's blue and looks like a cottage house), and sign in on the clipboard hanging on the wall to your right. Your cabin or tent pad assignment will be next to your name if you are staying on campus. Tent camping is only permitted in designated tent sites between and around the cabins. A map of the property, cabins, and tent sites is hanging above the sign-in sheet.

Only students are permitted to stay on campus. There are no vehicles allowed near the cabins, or anywhere beyond the parking lot. No food is allowed in or near the cabins. You may store and cook food in the kitchenette area of the classroom. You may also cook under the "lean-to" shed in "Tent City" if you bring your own camp stove and fuel. There are 25 people using the refrigerators and freezers at any given time, so please be very considerate – use only your proportional share of food storage space.

After checking in, settle into your cabin or set up your tent, unpack, buy and store 1-3 days' worth of groceries in the Brook, get your things ready for class the next morning, and relax! The classroom is open 24 hours per day, 7 days per week. You may study, eat, cook, and use the restrooms in the Brook anytime you like.

Be prepared to be indoors or outdoors in all weather at any time. The most accurate zip codes to check for local weather at NCOAE in Wilmington are 28412 and 28428.

IF DELAYED: If it becomes evident that you will not be arriving on time, please contact the NCOAE office at (910) 399-8090 immediately.

THE FIRST DAY: On the first day of class we will expect you to be present, alert, and ready to learn at 7:45AM. Class will begin promptly at 8:00AM. You should bring your notebook, pen, pencils, textbook, and laptop computer to class. There will be a 10-min break every hour and a 1 hour lunch break, and you will be in class until mid-afternoon.

This is a professional training and we expect you to conduct yourself in a professional manner. Dress comfortably casual and appropriately. We want you to be comfortable, and also to respect that there may be state and local EMS officials and other business professionals, students, children, and parents of potential students on site at any time.

ITINERARY: You will receive your class itinerary on the first day of class.

THE LAST DAY: Your final day will consist of a final paperwork, site cleanup, packing, and a graduation ceremony. Do not plan any flights, rides, or bus travel before 6PM.

PASSPORTS & VISAS:

For ease of travel, citizens of all countries should have 2 forms of government issued identification with them at all times, for the duration of the course. If travelling internationally, one should be a valid passport. Foreign nationals should learn the requirements for entry and travel within the United States at: https://www.cbp.gov/travel/international-visitors

FINANCIAL SECURITY:

Contact your bank and credit card security departments and let them know when and where you'll be traveling. Otherwise, you risk having them cancel or place a "hold" on your cards. ATM's are available locally, as an effective way to access cash when in Wilmington.

PERSONAL EXPENSES:

Former students have recommended bringing credit/debit cards for groceries, meals out, and personal needs, and a relatively small amount of travel money (\$50 to \$100 in small bills). Your personal expenses depend entirely on your style of travel.

You are also responsible for all personal medical bills and expenses, and for any personal equipment you bring on to the course.

EQUIPMENT:

Please see the course pack list for information on what to bring (and what not to bring) on your trip, as well as what equipment will be provided by NCOAE. Be prepared to be indoors or outdoors at any time, depending on the time of year, 20F - 90F weather can be expected.

DRUGS & ALCOHOL: The illegitimate use or abuse of physically or cognitively altering substances is not allowed on NCOAE courses and will result in expulsion. This includes alcohol, marijuana, marijuana derivatives (regardless of local laws), and the sharing or abuse of prescription or over-the-counter drugs, or other substances. NCOAE has a zero-tolerance policy regarding the use of alcohol and banned drugs/substances on campus. Tobacco use is discouraged, and may only be used during breaks or after class and in a designated area only.

INSURANCE & HEALTH CONCERNS:

TRAVEL INSURANCE: We highly recommend no-fault travel insurance for all NCOAE courses to avoid loss in the event of any loss or cancellation. Some common travel insurance companies are:

- Global Rescue, <u>https://globalrescue.com</u>
- Travel Guard, <u>http://www.travelguard.com/</u>

HEALTH INSURANCE: Many health insurance plans do not cover problems you may incur while traveling. Contact your health insurance company to learn if you are 100% covered. If not, check with the travel insurance companies above to learn about their gap coverages for medical care. If you do not have a regular health insurance policy, we strongly recommend that you check with the travel insurance companies above and purchase gap coverages for medical care and medical evacuation.

MEDICINES: You must bring a supply of all prescription and non-prescription medications that you take on a regular basis along with you for your NCOAE course. Your supply should include enough quantity to last for several days beyond the end date of your course.

STILL HAVE QUESTIONS? Please call the NCOAE office at (910) 399-8090 anytime between 8:30am – 4:30pm with any questions. For tourist information on North Carolina, you might want to view: <u>http://www.nc.gov/about/life-in-nc</u>