

NORTH CAROLINA

Teen Adventure Camp



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for more info.

*Flights to / from destinations
not included in tuition.

BACKPACKING & WHITEWATER RAFTING

DATES: JUNE 9 – 28, 2026

DURATION: 10 DAYS

TUITION: \$2,950

AGES: 15 – 17

TRIP HIGHLIGHTS:

- ▶ Outdoor Leadership Certification
- ▶ Leave No Trace (LNT) training
- ▶ Backpacking & Camping
- ▶ Whitewater Kayaking
- ▶ Backcountry Navigation skills
- ▶ Teambuilding & Outdoor Leadership

WHY TAKE THIS COURSE?

- ▶ Gain backpacking, camping, navigation, and backcountry cooking skills
- ▶ Challenge yourself in new and rewarding ways
- ▶ Gain the skills necessary to explore the wilderness

WHERE YOU'LL BE:

- ▶ Pisgah National Forest
- ▶ New River
- ▶ New River State Park

TRIP INCLUDES:

- ▶ All lodging and transportation during the trip
- ▶ Equipment for all activities
- ▶ Up to two (2) dedicated NCOAE field instructors
- ▶ All meals, admissions, and gratuities
- ▶ Shuttle from/to ILM airport (If driving, contact NCOAE for drop-off/pick-up locations)

** NCOAE recommends students bring a small amount of spending money for extra snacks and souvenirs.*

 **NCOAE** The National Center for
OUTDOOR & ADVENTURE
EDUCATION

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NCOAE is
accredited by:



North Carolina – Teen Adventure Camp: Backpacking and Whitewater Rafting

The setting for this adventure is the Blue Ridge Mountains and the New River which flows along the base of the mountains. Learn the basics of backpacking & kayaking, as you travel along some of the oldest rivers and mountains in the world!

- ▶ **Day 1: Time to go!** We'll kick things off early as the NCOAE bus departs from our Wilmington campus first thing in the morning. From there, we'll head to Charlotte Douglas International Airport for student pickups between 8:00 a.m. and 12:00 p.m. After pickups, we'll continue on to the trailhead.

For students who are driving, we're happy to arrange pickup at a location closer to the trailhead—just let us know in advance.

Once at the trailhead, we'll set up camp, get to know each other, and wrap up the day with a delicious meal together.

- ▶ **Days 2–5: New River — Whitewater Rafting.** Students will travel to the this iconic North Carolina river and begin their paddle over the next several days.

Students will be introduced to NCOAE's Educator's Handbook focusing on primarily on our basic field curriculum. Students will learn necessary skills to camp and travel comfortably in the backcountry in order to advance their ability to develop a personal connection to the natural world. These skills include: basic camp craft, navigation and map reading, self care in changing environments, expedition mentality (teamwork, group dynamics, cooking, etc.).

- ▶ **Days 6–9: Pisgah National Forest — Backpacking.** Students will dive deep into leadership development, technical skills, environmental stewardship, and risk management throughout the expedition. Gain conscious competence by applying outdoor leadership theories to real-life scenarios in the stunning North Carolina wilderness, where you will explore and discover cascading waterfalls, hidden swimming holes, and steep mountain peaks.

Students will be immersed in the NCOAE Educational Framework through comprehensive instruction and delivery of curriculum spanning Leadership and Community, Environmental Stewardship, Outdoor Technical Skills, and Risk Management.

- ▶ **Day 10: Goodbyes are hard!** After our final breakfast together and a closing circle, participants who are driving may be picked up at the arranged location by 10:00 a.m.

For those flying or meeting at Charlotte Douglas International Airport (CLT), NCOAE will arrive between 1:00–2:00 p.m. for pick-up. Departure flights should be scheduled no earlier than 4:00 p.m.