

# NORTH CAROLINA

## Teen Adventure Summer Camp 14-Day Backpacking & Whitewater Expedition

**DATES:** JUNE 16 – 29, 2025

**TUITION:** \$4,195

**AGES:** 15–17

### TRIP HIGHLIGHTS:

- ▶ Outdoor Leadership Certification
- ▶ Leave No Trace (LNT) training
- ▶ Backpacking & Camping
- ▶ Whitewater Kayaking
- ▶ Backcountry Navigation skills
- ▶ Teambuilding & Outdoor Leadership

### WHY TAKE THIS COURSE?

- ▶ Gain backpacking, camping, navigation, and backcountry cooking skills
- ▶ Challenge yourself in new and rewarding ways
- ▶ Gain the skills necessary to explore the wilderness

### WHERE YOU'LL BE:

- ▶ Pisgah National Forest
- ▶ New River
- ▶ New River State Park

### TRIP INCLUDES:

- ▶ All lodging and transportation during the trip
- ▶ Equipment for all activities
- ▶ Up to two (2) dedicated NCOAE field instructors
- ▶ All meals, admissions, and gratuities
- ▶ Shuttle from/to ILM airport (If driving, contact NCOAE for drop-off/pick-up locations)

*\* NCOAE recommends students bring a small amount of spending money for extra snacks and souvenirs.*



Scan QR code for more info.

\*Flights to / from destinations not included in tuition.

 **NCOAE** The National Center for  
**OUTDOOR & ADVENTURE**  
**EDUCATION**

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accredited by:



# North Carolina – Teen Leadership Expedition: Backpacking and Whitewater Paddling

The setting for this adventure is the Blue Ridge Mountains and the New River which flows along the base of the mountains. Learn the basics of backpacking & kayaking, as you travel along some of the oldest rivers and mountains in the world!

- ▶ **Days 1 – 3: The National Center for Outdoor & Adventure Education (NCOAE) Headquarters, Wilmington, NC – Basecamp.** Begin your journey with a morning airport pickup, followed by a scenic drive to our basecamp in Wilmington, North Carolina. Get acquainted with fellow participants as we kick off our focus on community and personal growth. Over the next two days, we'll learn principles of Outdoor Leadership and how to apply them on the trail. Familiarize yourself with expedition equipment and immerse yourself in the expedition mentality.
- ▶ **Days 4-7: New River – Paddling Expedition.** Participants will travel to the this iconic North Carolina river and begin their paddle over the next several days.  
Students will be introduced to NCOAE's Educator's Handbook focusing on primarily on our basic field curriculum. Students will learn necessary skills to camp and travel comfortably in the backcountry in order to advance their ability to develop a personal connection to the natural world. These skills include: basic camp craft, navigation and map reading, self care in changing environments, expedition mentality (teamwork, group dynamics, cooking, etc.).
- ▶ **Days 8-12: Pisgah National Forest – Backpacking Expedition.** Students will dive deep into leadership development, technical skills, environmental stewardship, and risk management throughout the expedition. Gain conscious competence by applying outdoor leadership theories to real-life scenarios in the stunning North Carolina wilderness, where you will explore and discover cascading waterfalls, hidden swimming holes, and steep mountain peaks.  
Participants will be immersed in the NCOAE Educational Framework through comprehensive instruction and delivery of curriculum spanning Leadership and Community, Environmental Stewardship, Outdoor Technical Skills, and Risk Management.
- ▶ **Days 13: National Center for Outdoor & Adventure Education (NCOAE), Wilmington, NC – Basecamp.** Return to basecamp after your trail adventure. Unpack, clean, and repair equipment, then enjoy a memorable graduation dinner and one-of-a-kind closing ceremony.
- ▶ **Days 14: Closing circle and departure.** We will conclude with a final group breakfast, pack your belongings, and depart for your journey home, carrying with you newfound skills and unforgettable memories.