

Course Name: Wilderness First Responder (WFR)

Total Number of CEUs Available: 75.5

Use the table below to track available continuing education units* for successfully completing NCOAE's Wilderness First Responder (WFR) course.

*CEUs made available through NCOAE's accreditation from the Commission on Accreditation for Pre-Hospital Continuing Education (CAPCE).

| FOCUS AREA OF STUDY | No. of Available CEUs |
|--|-----------------------|
| Foundation | 14 Hours |
| ▪ Anatomy and Physiology | 2 hours |
| ▪ Wilderness / Urban Medicine | 1 hour |
| ▪ Wilderness Medical – Legal Issues | 1 hour |
| ▪ Patient Assessment | 10 hours |
| Trauma | 33 Hours |
| ▪ Head Injury / Traumatic Brain Injuries | 2 hours |
| ▪ Shock | 2 hours |
| ▪ Respiratory and Chest Injuries | 2 hours |
| ▪ Spinal Assessment and Management | 2.5 hours |
| ▪ Sports / Athletic Injuries | 2 hours |
| ▪ Wilderness Fractures | 3.5 hours |
| ▪ Wilderness Dislocations | 2 hours |
| ▪ Wound Management | 3 hours |
| ▪ Trauma Injury Scenarios | 6 hours |
| ▪ Search and Rescue | 3 hours |
| ▪ Decision-making, Teamwork, Communication | 1 hour |
| ▪ Extended Wilderness Rescue | 4 hours |
| Environmental | 15 Hours |
| ▪ Hypothermia and Cold Injuries | 2 hours |
| ▪ Submersion Incidents | 1 hour |
| ▪ Heat and Hydration | 1 hour |
| ▪ Altitude Illness | 1 hour |

NCOAE WILDERNESS MEDICINE EDUCATION

Continuing Education Unit (CEU) Tracker



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| Environmental (cont.) | 15 Hours |
| ▪ Lightning | 0.5 hours |
| ▪ Toxicology: Snakebite and Arthropods | 2 hours |
| ▪ Allergies and Anaphylaxis | 4 hours |
| ▪ Environmental Scenarios | 3.5 hours |
| Medical | 9 Hours |
| ▪ Poisoning | 0.5 hours |
| ▪ Cardiac | 2 hours |
| ▪ Respiratory | 2 hours |
| ▪ Abdomen | 1 hour |
| ▪ Neurological | 0.5 hours |
| ▪ Diabetes | 1.5 hours |
| ▪ Eyes and Ears | 0.5 hours |
| ▪ Communicable Disease | 1 hour |
| Urinary-Reproductive System | 4.5 Hours |
| ▪ Mental Health Concerns on Wilderness Trips | 0.5 hours |
| ▪ Common Wilderness Medicine problems | 3 hours |
| ▪ Medications and First Aid Kits | 1 hour |
| TOTAL CEUs AVAILABLE FOR COMPLETING WFR COURSE | 75.5 Hours |