The National Center for OUTDOOR & ADVENTURE EDUCATION

OREGON

Key Information – What you need to know for your Hybrid Wilderness First Aid (WFA) Course

ABOUT THE COURSE:

- **COURSE TITLE:** Hybrid Wilderness First Aid
- **CERTIFICATIONS OBTAINED:** Wilderness First Aid (WFA), valid for three (3) years
- **ONLINE PORTION:** 20-40 hours of asynchronous online material that must be completed prior to attending a hands-on practical session.
- **PRACTICAL PORTION:** 2 days of hands-on skills training at NCOAE in Tygh Valley, OR

Approximately 30 days prior to your course start date, you will receive an email from NCOAE containing information and access for the online component of your course and a NCOAE Wilderness Medicine Field Guide and SOAP Notes will be mailed to the address you provided at registration.

ABOUT THE NCOAE WILDERNESS MEDICINE FIELD GUIDE:

You will receive the NCOAE Wilderness Medicine Field Guide by way of the United States Postal Service. We will be mailing your Field Guide to the address you provided when you registered. Please notify us immediately if you would like it to be sent to a different address.

The NCOAE Wilderness Medicine Field Guide assists you throughout your entire course, including your on-site practical and hands-on portion. As a result, **DO NOT FORGET TO BRING IT TO THE PRACTICAL SESSION OF YOUR COURSE.**

ABOUT THE ONLINE COURSE/TRAINING:

You must successfully complete all components of the online portion of your course, including all assigned readings, video presentations, animations, and exams.

The online portion is divided into four (4) sections. Following the completion of each section, and before being approved for the next section, you will be required to complete an exam. You will have two attempts to earn a score of 75% or better on each exam.

At the completion of all four (4) sections, you will have one final exam that you need to score a 75% or better to complete the online portion of your training.

LOGISTICAL INFORMATION:

NCOAE's training site is at NCOAE's campus at 58150 US-197, Tygh Valley, OR 97063**.** There is plenty of parking for students on-site.

ARRIVAL:

When you arrive for check-in, an NCOAE staff member will sign you in and give you a quick tour to show you where everything is.

Be prepared to be indoors or outdoors in all weather at any time. The most accurate zip code to check for local weather at NCOAE in Tygh Valley is 97063.

THE FIRST DAY:

On the first day of class we will expect you to be present, alert, and ready to learn at 7:45AM. Class will begin promptly at 8:00AM. There will be a 1 hour lunch break, and you can expect to be in class until 6:00PM.

PERSONAL GEAR/EQUIPMENT:

Please bring the following items to the first morning of class:

- NCOAE Wilderness Medicine Field Guide
- Notebook for taking notes
- Pens and pencils (different colors and highlighters may be helpful)
- Watch that can tell seconds
- Water bottle
- Clothes and footwear appropriate for outside activity (may get wet/dirty)
- Cutable simulation clothing. These are required and will get cut up (clothing should fit and have no holes)
    - Two long sleeves shirts (buttons ok)
    - Two pairs of long pants
    - Two extra shirts without buttons
- ****IN ORDER TO PROTECT YOUR PERSONAL SPACES DURING SIMULATIONS:**
    - WOMEN MUST bring and wear a job bra & shorts or a one-piece swimsuit under your simulation clothes; they will NOT be cut.
    - MEN MUST bring and wear a pair of shorts or swimsuit under your simulation clothes, they will NOT be cut.

This is a professional training and we expect you to conduct yourself in a professional manner. Dress comfortably casual and appropriately. We want you to be comfortable, and also to respect that there may be state and local EMS officials and other business professionals, students, children, and parents of potential students on site at any time.

THE LAST DAY:

Your final day will consist of final paperwork, site cleanup, packing, and a graduation ceremony. Do not plan any flights, rides, or bus travel before 6:00PM.

PERSONAL EXPENSES:

Former students have recommended bringing credit/debit cards for groceries, meals out, and personal needs, and a relatively small amount of travel money in cash. Your personal expenses depend entirely on your style of travel.

You are also responsible for all personal medical bills and expenses, and for any personal equipment you bring on to the course.

DRUGS & ALCOHOL:

The illegitimate use or abuse of physically or cognitively altering substances is not allowed on NCOAE courses and will result in expulsion. This includes alcohol, marijuana, marijuana derivatives (regardless of local laws), and the sharing or abuse of prescription or over-the-counter drugs, or other substances. NCOAE has a zero-tolerance policy regarding the use of alcohol and banned drugs/substances on campus. Tobacco use is discouraged, and may only be used during breaks or after class and in a designated area only.

STILL HAVE QUESTIONS? Please call the NCOAE office at (910) 399-8090 anytime Monday-Friday between 8:30am – 4:30pm EST or email info@ncoae.org with any questions.